

A WEEKLY PROFILE

OLDER PEOPLE ROCK

by Silver Influencer Ellen Crane, APR, Fellow PRSA



Dr. Denise Taylor

66 Years Old

Chartered Psychologist and Career Coach

“My new purpose in life is to get people thinking that old age is not something to fear. We can embrace this new stage of life.”

Adventurer, Vision Quest Guide, Award Winning Coach and Author

Dr. Denise Taylor embraces her age and monikers such as elder. Born in 1957, she believes age is just a number and that conventional retirement is a life phase fewer people will choose. She says that she is loving life in her 60's and having tons of fun.

She entered this decade ending her marriage and selling the house of her dreams. The following year, she was accepted to study for her doctorate and completed her first “Vision Quest,” which she describes as “a life changing rite of passage, which included four days (and nights) in nature with no food and just a tarp for shelter.”

By age 63, she met a man who shared her love of nature. Together, they bought a few acres of wilderness and she completed her second “Vision Quest.”

Although Denise dropped out of school at age 15, by age 64 she earned her doctorate degree. By the next year, she signed the contract for her eighth book, based on her academic research.

Next week, on November 8th, this experienced author, now age 66, will be releasing her latest work, “Rethinking Retirement for Positive Ageing.”

(See the first comment for a link to order the book.)

**Do you know anyone we can profile in our upcoming Older People Rock series?
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