


Three Possible Later Lives:

*A reflection
at the threshold*



Where you stand

You are not at the beginning.
You are somewhere in the
middle of a life already shaped.

The nature
of later life

Later life is not a
single destination.
It is a landscape.
And landscapes
Have different
weathers.

The invitation

Instead of one future, allow three.
Not predictions.
Possibilities.

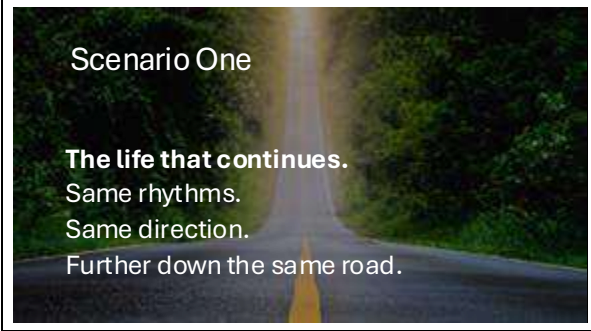
What to hold in mind

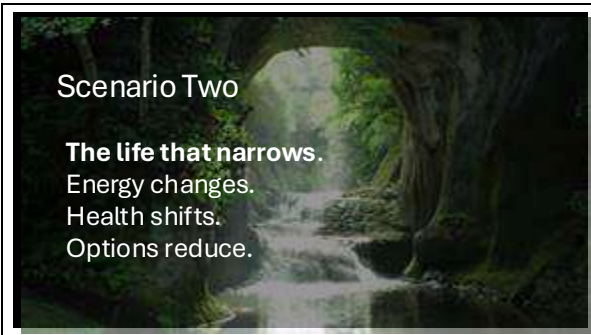
In each version of the future, notice:

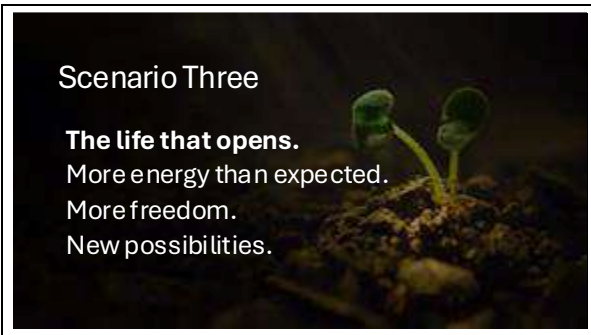
Body	Mind
Belonging	Joy
Purpose	Place

Time Horizon

Choose a point ahead
5 years. 10 years.
Even 20
Where are you then?







Pause **Sitting at the threshold**

Not quickly
Not perfectly
Just long enough to feel
it

The turning point **Gently reverse it**

From each of those
futures, what is this
person doing today?

The small things

Small choices accumulate.

Health Time
Money Attention




What this is not

This is not about getting your future right.
It's about meeting it more honestly.

Closing

You don't need to control what comes next.
But you can begin to meet it more consciously.



*Three paths into the same forest.
You will walk one of them.
Perhaps you already are.*